Panera Mix and Match Menu With Prices, Calories & How It Actually Works

Half Sandwiches



French Ciabatta Dipper

Price: $4.99

Calories: 640



Toasted Caprese Focaccia

Price: $4.99

Calories: 370



Bacon Turkey Bravo®

Price: $4.99

Calories: 430



Cranberry Walnut Chicken Salad Sandwich

Price: $4.99

Calories: 350

Half Salads



Farmhouse Crunch Salad

Price: $4.99

Calories: 400



Fuji Apple Chicken Salad

Price: $4.99

Calories: 350



Caesar Salad

Price: $4.99

Calories: 270

Cup of Soup



Creamy Tomato Soup

Price: $4.99

Calories: 240



Homestyle Chicken Noodle Soup

Price: $4.99

Calories: 120



Bistro French Onion Soup

Price: $4.99

Calories: 200